100 Words of Affirmation Your Son Needs to Hear

100 Words of Affirmation Your Son Needs to Hear



by Matt Jacobson

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Words of affirmation can have a profound impact on our children's lives. When we speak positive words over our sons, we are helping them to develop a strong sense of self-worth and self-confidence. These words can also help them to overcome challenges and reach their full potential.

If you're not sure where to start, here are 100 words of affirmation that you can share with your son:

- 1. You are loved.
- 2. You are worthy of love.
- 3. You are capable of anything you set your mind to.
- 4. You are a good person.

- 5. You are strong.
- 6. You are brave.
- 7. You are kind.
- 8. You are compassionate.
- 9. You are intelligent.
- 10. You are funny.
- 11. You are talented.
- 12. You are special.
- 13. You are unique.
- 14. You are one of a kind.
- 15. You are a gift.
- 16. You are a blessing.
- 17. You are a joy.
- 18. You are my sunshine.
- 19. You make me proud.
- 20. I believe in you.
- 21. I trust you.
- 22. I respect you.
- 23. I value you.
- 24. I am always here for you.

25. I love you.

Make an effort to speak these words of affirmation to your son on a regular basis. You can say them when he wakes up, when he goes to bed, or anytime in between. You can write them on a sticky note and put it on his mirror or lunchbox. You can even record yourself saying them and send him the recording. No matter how you choose to do it, make sure that your son hears these words often.

When you speak words of affirmation over your son, you are helping him to become the best version of himself. You are giving him the tools he needs to succeed in life and reach his full potential.

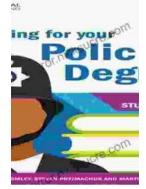


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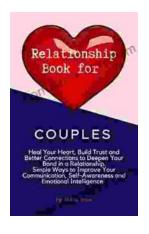
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